

Birmingham Regatta

A superb day for our club, although the regatta's timing did run very late. We won four of the six events we entered, withdrew from one event and the J15 quad have never raced better despite losing their race. Photos of the winning crews are on the website.

Winners:

IM3 2x

Greg Riddell, Alex Eldridge-Tull

WJ15 4x+

Eleanor Nagle, Tammy Haines, Katrina Stockton, Molly Brett, Sam Royston (cox)

J14 8x+

Harry Righton, Cole Telford, Tom Clarke, George Jones, Jed Tattersdill, Harry King, Josh Kings, Alex Thomas, Beth Lloyd (cox)

WJ14 4x+

Lauren Bradley, Melissa Pearce, Nicole Lea, Annie James, Sam Royston (cox)

Training this week

Training is as normal this week. Year 10s are on work experience. Their sessions will run as normal for those who can make them. I am very happy for individual Year 10 athletes or crews to request alternate days for outings if this fits better and I will try to fit these in where possible (e.g. this Saturday):

Mon am: W/J16 and above (weights)

Tues pm: W/J16 (water) and above & Junior Club

Wed am: W/J15 (water)

Wed pm: W/J15 & W/J14, W/J16 and above - ergo workout

Thurs pm: W/J16 and above (weights) & Junior Club

Fri pm: W/J16 and above (water), rest in the Sports Hall.

Sat: W/J14 (water), loading as necessary for Wallingford Regatta (boats to be de-rigged following appropriate outings during the week)

Sun: Wallingford Regatta

Regatta Entries

Full details for Wallingford Regatta next weekend are now on the website. I have also got much closer to intended entries for the Welsh Open Regatta and the National Schools Regatta. Changes may well be made. Please remember that we will also be entering crews at Monmouth Regatta on this weekend.

Grant Awarded!

Due to the efforts of several parent "Friends of MCSBC", I am delighted to say that we have been awarded £1,000 towards the cost of the new launch engine.

Half Marathon 2009

Almost there! Final few amounts in as soon as possible please.

Regards

DC