There will be no training on Monday afternoon as all coaches are away for the National Junior Sculling Head. The Winter season of racing is almost at an end and entries for the first Summer events are already being prepared!

Half Marathon – Sat 14 March

The final information for this major event is now on the website. There have been a few "final, final" changes to groups/support teams. All these people have been contacted directly. Thank you in advance to all those parents who have offered their time to help run this event – it is very much appreciated.

We now have less than **one week** until the big day. A big push from everyone please to raise as much money as possible to enable our successful racing to continue.

Junior Club 2009

Annual taster sessions for new rowers are now being organised for the Summer Term. This year, we are focusing on Year 8, with just 40 places available to ensure a good quality of experience for all – three qualified coaches will be at each session (one adult coach and two student coaches who passed their coaching qualifications before Christmas). If you are aware of anyone else who would be very keen to join, please let Kat Ing or myself know as this may be possible. Initial interest from Year 8 is very high and I expect to be heavily oversubscribed, but very keen students from other years may be able to be squeezed in.

This year, there will be a swim test and a capsize test in keeping with our upgraded safety procedures. This will only be open to those students who have returned the necessary consent form and membership of £25 (increased slightly to cover the cost of booking the Haberdashers' pool, as the school pool is not available for long enough periods).

Whilst the capsize test is not compulsory in National Governing Body guidelines, it is advisory. I note that we have several members who did not complete these procedures back in September. They will need to be at the pool at 9.30am on 21st March to remedy this: Scott Lea (capsize test), Tammy Haines (capsize test) and Leigh Bowdler (swim test … done at Gloucester RC, but I would prefer that it was witnessed by an MCSBC coach as with all other members). This is expected to take no more than 20 minutes.

And Finally…

The annual school magazine is being compiled and Kat is coordinating the rowing section. She is keen to hear from members or parents with interesting ideas for this year's content about the rowing club. She can be reached at captain@mcsbc.co.uk .

Regards

DC