

Welcome to the first email update of the new season. All these emails are also posted on the club website (www.mcsbc.co.uk). The intention of the emails is to keep parents and athletes up to date with changes to the normal plans, plans for race days and other information. They are sent out weekly at busy times of the season, every 2/3 weeks at other times. I am happy to add further appropriate email addresses to the list (eg school accounts and further parents' email addresses. This has proved useful for separated parents to help manage dates of events, etc.)

Rowing this week

Rowing is as normal this week. W/J15 will review the video from Worcester on Wednesday before school. Details for the Senior Training Group of W/J16 and above are detailed in their latest training programme which is now posted on the website. W/J14 group will have their session videod next Saturday ready for review the following Wednesday.

Monmouth Autumn Head

One of our busiest events of the season and despite fair amount of illness amongst the squad as the latest cold virus does the rounds there was plenty of really good rowing on display from MCSBC crews. There were 4 wins for us; J17 2x (DH,AE), J15 1x (AT), J15 2x (HK, JK) & J15 4x+ (CT, AT, JB, GJ, BL). In addition the J16 2x lost their class by just one second! We also have strong internal competition, particularly with AS beating BR by just one second in J16 1x. They are both entered in the same event next weekend - should be a great race! All medals will be presented in assemblies by the Club Captain in the week ahead.

Worcester Small Boats Head - Sunday 4th October

The crews have now been confirmed on the website and travel arrangements are included.

Kit Orders

We hope to receive the new kit order shortly after half term. Many of the items are made to order, hence the time taken.

And finally...

It has been a great start to the new season with so many athletes already rowing better than they did last season. Keep up the excellent efforts.

Regards

DC