

Dear all,

At this afternoon's training session for W/J15 and W/J14 squads, it was reported to me that the route for the run was not followed and was cut short by some athletes. Routes for runs must be followed for the following reasons:

1. If there is a problem, the coach knows where you are likely to be and can take appropriate action.
2. Today's run was planned for tarmac only. The shortcut taken was over grass alongside a river. There was the potential for slipping and injury. If the grass underfoot was not wet/slippy, we would have run on the towpath from the boathouse away from all roads.
3. It is essential in a watersport that the coach's instructions are followed. To do otherwise could endanger yourself or other water users.
4. There is no point in attending training if you only intend to get partly involved, particularly as we are preparing for a major fund raising Half Marathon event.
5. You cannot take a shortcut on a river!

I do not accept that there was uncertainty about the route as I ran the same route with the group at the training session two weeks ago.

As a result, the privilege of being a member of MCSBC is being withdrawn from all those who took the shortcut for one day. They are not to attend Friday's training session.

Should parents wish to contact me about this matter, please feel free to do so.

Regards

DC