

## MCSBC Captain Profiles 2023-2024

**Name:** Maddie Dickens

**Role:** Club Captain

**Subjects:** Biology, Psychology and PE

**Favourite boat:** Pair/double Sarah Bradley 206

### **My target this year:**

This year, I will aim to Qualify for Women's Henley or Henley Royal Regatta and for the Home International Regatta. As well as offering help for younger athletes with technique and possible ways of training outside of sessions that can directly benefit their rowing.

### **What does MCSBC mean to me:**

The club as a whole means a unique community that includes a diverse age and ability level, with allowing year 8 pupils to begin learning the ropes of the sport for them to then progress into year 9, where all ages of athletes will be there to support them. Rowing as a sport allows me to keep fit while maintaining a standard of equipment that many other sports don't have, which gives a unique addition to the sport.

### **What will I do in my role:**

I would like to expose everyone in the club to as many experiences, both competitive and within training sessions; whether that is to prepare others for university, or to simply get the best out of the sport in any way possible. As club captain, I will aim to support the coaches both within my own sessions and external club decisions that can positively influence the club, even once I have left the club itself.



**Name** -Ffyn parry

**Role** -vice captain

**Subjects** -re, English literature and criminology

**Favourite boat**-single / Sam Royston (122)

**My target this year-**

My target this year is to be more involved in sessions for younger years in order to motivate and push others to succeed as vice captain whilst also pushing the club to be competitive on a national level.

**What does MCSBC mean to me-**

This club has given me a commitment that has allowed me to push myself in the sport whilst also showing me how to push myself in everything I do. MCSBC has given me something to be passionate about and something to motivate me every day as well as providing many opportunities and experiences.

**What I will do in my role-** As vice captain I want to be able to assist in sessions for any years whilst also motivating every athlete in the club to do better. I want to be able to push and support everyone in the club whether that be at events or just at training sessions.



**Name** - Seren van der Horst

**Role** - Vice Captain

**Subjects** - Biology, Chemistry and Maths

**Favourite boat** – single 110 Emily Richards

**My target this year:**

To have national level success and to push the club competitively in order to inspire younger athletes.

**What does MCSBC mean to me:**

MCSBC has been in my life for almost 8 years now and throughout those years I've seen the community and friendship which it gives its athletes and has given me. It's provided me both a competitive and social outlet as well as always giving me a complete mental break from everyday life. As a comprehensive school boat club it's so unique and I've loved being a part of it.

**What I will do with my role:**

As Vice-captain my goal is to create a positive environment and attitude throughout the club. To do this working with the coaches and athletes alike is essential and I hope to take part in more younger athletes sessions to help out and pass on my experience. Additionally by driving the club competitively I hope to motivate and create more opportunities for the entire MCSBC squad.

